



IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicants:

Maresh

Title:

EXERCISE METHODS AND APPARATUS

-----A continuation-in-part of:

Applicants:

Maresh

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EXERCISE METHODS AND APPARATUS

Certificate of Mailing

I hereby certify that this TRANSMITTAL SHEET and the items identified herein are being sent via Express Mail No. ET262886149US to the Assistant Commissioner for Patents, Box Patent Application, Washington, D.C. 20231, on this 27th day of March, 2001.

Mark A. Krull

TRANSMITTAL SHEET RECEIVED

Assistant Commissioner for Patents Box Patent Application Washington, D.C. 20231

MAR 3 0 2001

TECHNOLOGY CENTER R3700

Dear Sir:

The following items are enclosed:

Patent Application for EXERCISE METHODS AND APPARATUS, including:

25 pages of specification

2 claims (2 independent)
14 sheets of informal drawings

1 page of abstract

Patent Application Data Sheet

Return postcard

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